

Ontario Junior C Lacrosse League

FAQ Sheet

Who is eligible to play Junior C Lacrosse?

Players must be born between 1987 and 1991 (same as the Intermediate age group).

I live near a Junior C team, but not in their town. Can I still play Junior C?

Yes, but your local minor lacrosse association must give their permission for you to tryout, and if the Junior team wants to sign you, the minor system would be required to direct release the player to play Junior C.

Typically, this would not be required, as every player has the right to play at a higher level; however, this is a stipulation of the pilot phase of this League.

What is the difference between Junior C and Intermediate?

In the interim, the main difference will be the approach. Intermediate is run as “minor lacrosse”, where as Junior C will be run as “Junior lacrosse”. For example, Junior C will have pre-game warm-ups, intermissions, entrance fees, Junior level Officials, playoff series’, and other aspects unique to Junior lacrosse.

As the league develops & expands, there will be a significant difference in the calibre of play between Intermediate and Junior C lacrosse.

Will this be a “Goon League”?

Rules of Junior C will be driven to promote the skill & athleticism of the sport, not the fighting and undisciplined behaviours sometimes associated with this age group. A strict disciplinary policy will be in place and supported by all teams and the League.

Is there a cost to play?

Yes, each teams charges \$225 per player. This is a standard fee throughout the League. These fees may be a straight charge or part of a sponsorship...teams determine how it is applied.

Who can I contact regarding Junior C lacrosse?

Team	Name	Phone	Email
Commissioner	Doug Luey	(905) 728-9009	dluey@rogers.com
Caledon	Cathy Legaspi	(647) 285-5165	cathy@slateproperties.ca
Centre-Wellington	Gerald Benham	(519) 846-8225	sueandgerald@msn.com
Innisfil	Owen Missen	(705) 436-6524	omissen@sympatico.ca
Shelburne	Barry Trood	(519) 925-4045	Vets99@hotmail.com
West Durham	Rob McDonald	(416) 817-2297	mcfamily@rogers.com